



Dr John Whiteside  
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**Bio-identical HRT Initial Package \$345\***

*Payment is required in full at time of initial assessment. A small rebate of \$38.00 is available from Medicare.*

This fee includes:

- Initial assessment by doctor (20– 30 minute appointment)
- Blood tests
- Review of blood tests and preparation of management plan including prescriptions and follow up blood requests.
- Nurse consultant review approximately 2 weeks after initial assessment to explain your management plan (30 – 45 minute appointment)

*\*please note that this package price does not include your recommended 6 week follow up appointment as this will vary from person to person. Please see follow up reviews below.*

**Follow up reviews**

Most patients require only one or two review visits. Only annual reviews are required after that.

Review visit 15 minutes - Dr Whiteside	<b>\$120.00</b>	<i>Medicare rebate \$21.00</i>
Review visit 30 minutes - Dr Whiteside	<b>\$200</b>	<i>Medicare rebate \$38.00</i>
Review visit - Nurse Consultant	<b>\$70.00</b>	<i>No Rebate</i>

**Telephone Consultations (review)**

**\$40.00 - \$100.00**      Depending on the work involved      *No Rebate*

**Prescription reviews**

**\$40**      12 month repeat prescriptions      *No Rebate*

**Troches and prescriptions**

The cost of hormones is separate to this package. Payment is made direct to the chemist. Once a prescription is forwarded to the pharmacy, it is up to the patient to phone and place the order. Further information will be given to you at your initial visits.

A portion may be rebated if you have private health cover. Please contact your fund for further information.

*Please note:*

*Full payment is required at the time of each visit. EFTPOS, Visa, MasterCard or Cash.*